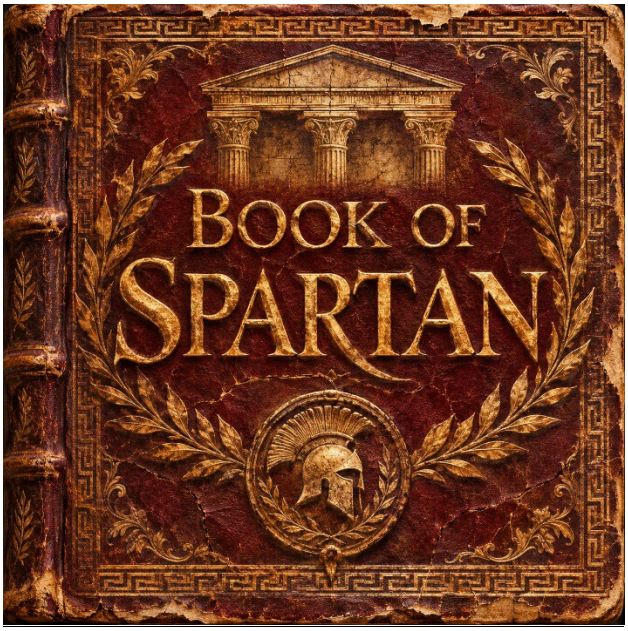
THE BOOK OF SPARTAN – ANNIVERSARY EDITION



Women are taught to sacrifice, to play nice, to live an altruistic life because a good girl is always rewarded in the end. This is not a virtue; it is propaganda. Submission gets you a ticket to future prosperity that will never manifest. By the time you realize the ticket to success and happiness you have been sold isn't worth the paper it was printed on, it will be too late. Go on, spend a quarter of your life, even half of your life, in the service of others, and you will realize you were hustled. You do not manifest your destiny by placing others first!

A kingdom built on your back doesn't become your kingdom, it becomes your folly. History does not remember the slaves of Egypt that built the pyramids, they remember the Pharaohs that wielded the power over those laborers. Yet here you are, content with being a worker bee, motivated by some sales pitch that inspires you to work harder for some master than you work for yourself, with this loose promise that one day you will share in his wealth.

Altruism is your sin. Selfishness is your savior. Ruthless aggression and self-preservation are not evil. Why aren't females taught these things? Instead of putting themselves first, women are told to be considerate and selfless. From birth, they have been beaten in the head with this notion of "Don't be selfish!" Fuck that. Your mother may have told you to wait your turn like a good girl, but I'm saying cut in front of that other bitch. Club Success is about to hit capacity, and you don't want to be the odd woman out.

Where are the powerful women? Those who refuse to play by those rules and want more out of life than what a man allows her to have? I created a category for such women and labeled them Spartans. Much like the Greek warriors who fought against all odds, these women refuse to surrender and curtsy before the status quo.

Spartans: The strongest women on the planet.

They follow no woman. They obey no man.

They aren't offended they offend.

They don't wait they take.

They are the Alpha Females.

Being a Spartan is not about being masculine. It is about embracing the full power of being a woman and realizing that men worship what's between your legs and weaker women are infatuated by your control of it. Every female has the tools to regain this power and deprogram herself, but few have the confidence to be unapologetically aggressive and self-serving enough to wield this power. I want you to go deep inside and unearth all of those feelings that you hate to think about…how life hasn't been fair…how you wish you would have made a different choice years ago…how you will never win because the world is working against you. Confront those negative thoughts and take back control of your life.

I don't care what happened to you in your past, let go of those feelings of anger due to bias, discrimination, heartbreak, manipulation, and any unfairness. I don't care how you look; close your eyes and let go of those feelings of unattractiveness that keep you self-conscious. I don't care what your perceived social status is, let go of those nagging feelings that you are somehow inferior to the wealthy. You are a woman; you can withstand immeasurable amounts of pain, show unconditional love, and give birth to life. You. Are. The. Shit!

Men kill, wage wars, lie, steal, pay, beg, and betray each other for women. Are you really going to believe the bullshit that you are soft, replaceable, or just a sexual release? You are the most powerful of all human beings! It is time to embrace this fact and shake off the habits and traditions that men have saddled you with in order to keep you obedient and unsure of your place in this world.

Take some time to appreciate how important you are in regard to the role you play in this Universe. Spend a moment basking in how potentially great you could be once you had the self-esteem and confidence not to give a fuck. What do you have to fear from a man rejecting you, a woman not liking you, or a group of people judging you? Life is Sparta, a world tailor-made for the strongest women to succeed and ingeniously designed to keep the weakest women in their place.

You are no longer a lamb waiting to be slaughtered, you are the slaughterer. You are a Spartan.

THE 5 COMMANDMENTS OF A SPARTAN WOMAN

Five principles to wake up to, live by, and never fucking compromise.

These aren't affirmations to make you feel better about your life. They're rules for women who are tired of being good girls, waiting their turn, sacrificing their potential, and wondering why everybody else is winning.

1. FUCK BEING A GOOD GIRL. BE A POWERFUL WOMAN.

Nobody is coming to reward you for being obedient.

You can be the sweetest, most understanding, most forgiving woman in the room and still end up with absolutely nothing to show for it.

Being nice doesn't guarantee respect. Being loyal doesn't guarantee loyalty. Being patient doesn't guarantee a payoff.

Stop confusing obedience with virtue. Stop thinking that if you suffer long enough, somebody will eventually hand you the life you deserve.

A Spartan doesn't wait to be rewarded for good behavior. She creates her own rewards.

2. NEVER BUILD A MAN'S KINGDOM WHILE YOURS IS IN RUINS.

You are not a rehabilitation center for unsuccessful men.

Stop spending your best years helping somebody else become everything you were too distracted to become yourself.

His business is growing. His confidence is improving. His dreams are coming true. Meanwhile, your goals are collecting dust because you've convinced yourself that his success will eventually become yours.

Fuck eventually.

If you're investing your money, energy, time, and intelligence into somebody else's future while neglecting your own, you're not being supportive. You're being hustled.

A Spartan builds her own empire before she volunteers to become labor in somebody else's.

3. YOUR LIFE COMES FIRST. EVERYBODY ELSE GETS WHAT'S LEFT.

Self-preservation is not a character flaw.

Some of you are so terrified of being called selfish that you'll sacrifice your happiness, finances, opportunities, and peace just to prove you're a good person.

And when you're exhausted, broke, bitter, and miserable, the same people you sacrificed for will tell you that you should have made better choices.

They're fucking right.

Nobody is responsible for protecting your future more than you are.

Stop asking permission to prioritize yourself. Stop apologizing for wanting more. Stop treating your own ambitions like an inconvenience to everybody else's plans.

A Spartan does not set herself on fire to keep other people comfortable. She makes damn sure she's warm first.

4. REJECTION IS NOT A DEATH SENTENCE. STOP ACTING LIKE IT IS.

A man doesn't want you. So fucking what?

Another woman doesn't like you. Who gives a damn?

Somebody thinks you're too aggressive, too demanding, too ambitious, too confident, or too full of yourself.

And?

You have allowed the opinions of people who aren't paying your bills, financing your dreams, or improving your life to dictate how much of yourself you're allowed to become.

That's weakness.

Every time you shrink yourself to avoid rejection, you teach the world that your identity is negotiable.

A man saying no doesn't diminish your value. A woman disliking you doesn't diminish your power. An audience judging you doesn't make them your superior.

A Spartan would rather be rejected for who she is than accepted for pretending to be somebody less.

5. THEY DON'T WAIT. THEY TAKE.

Opportunities don't have feelings.

They don't care that you're scared. They don't care that you've had a difficult childhood, a terrible relationship, or ten years of bad luck.

And they certainly don't care that you've been patiently standing in line waiting for your turn.

While you're wondering whether you're ready, another woman with half your talent and twice your audacity is already taking the opportunity you were too intimidated to pursue.

She's applying for the position. Starting the business. Leaving the relationship. Moving to the city. Demanding the raise. Building the life.

And you're still preparing.

Preparation has become your favorite excuse for cowardice.

Stop waiting until you're prettier, thinner, richer, more educated, more healed, or more confident.

A Spartan doesn't wait for the world to declare her worthy. She takes ownership of her life and makes herself impossible to ignore.

THE SPARTAN OATH

I follow no woman. I obey no man.

I will not sacrifice my destiny to finance somebody else's.

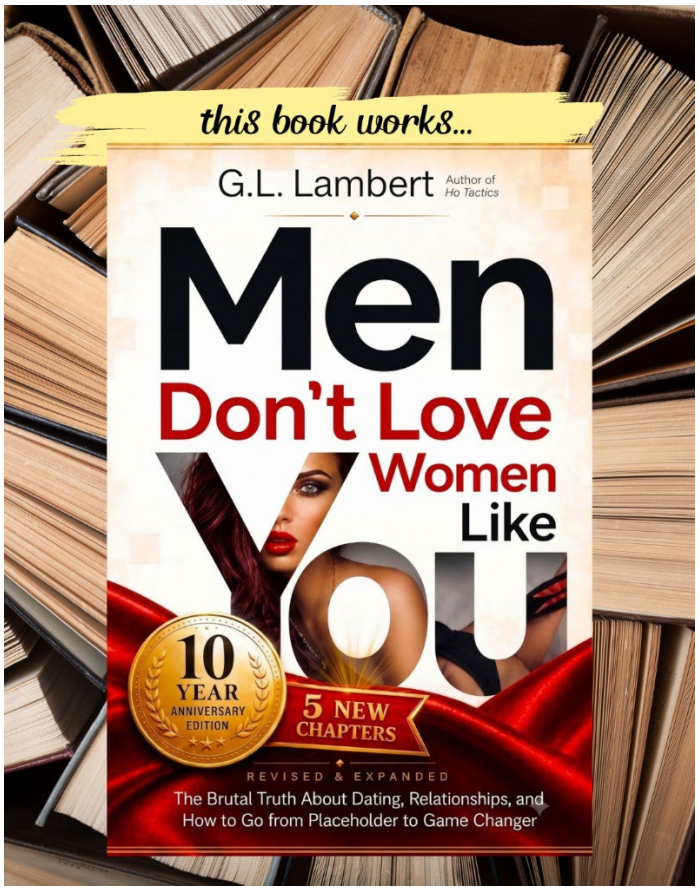
I will not mistake obedience for virtue or suffering for strength.

I will not beg for love, apologize for ambition, or shrink to make weak people comfortable.

My past is not my master. Rejection is not my punishment. My future is not a fucking charity project.

I am not a lamb waiting to be slaughtered.

I am a Spartan.



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